

Grace Guide



JUNE 15-21

“Peace In The Storm”

MONDAY
6/15

1 KINGS 19:9-18

After a dramatic victory over the prophets of Baal, the prophet Elijah finds himself exhausted, discouraged, and afraid. He flees into the wilderness convinced that he is alone and that his ministry has failed. When God meets him at Mount Horeb, God is not found in the wind, or in the earthquake, or in the fire, but in a gentle whisper (or a still, small voice). Elijah learns that God is still at work even when he cannot see it. Like Elijah, we can become overwhelmed by our circumstances and lose sight of what God is doing. Yet God's presence is not limited to dramatic moments. Often God meets us quietly, reminding us that he has neither abandoned us nor finished his work in us. When fear and discouragement cloud our vision, God remains faithful.

1. Have you ever felt discouraged like Elijah? If so, how did it affect your perspective of God? If not, how do you keep your faith focused on God?
2. Why do you think God chose to speak through a gentle whisper rather than dramatic displays of power? How does God speak to you?

TUESDAY
6/16

ISAIAH 43:1-6

Through the prophet Isaiah, God speaks words of comfort to people facing uncertainty and hardship. God does not promise that his people will avoid deep waters or fiery trials. Instead, God promises that they will not face them alone. Always, God's assurance rests in his covenant love: "I have called you by name; you are mine." The same promise belongs to those who trust in Christ. Difficult seasons may test our faith, but they do not change God's commitment to us. Our confidence is not found in the absence of trouble but in the certainty that God knows us, values us, and walks with us through every challenge.

1. How does knowing that God calls you by name and that God is with you affect the way you view yourself and your struggles?
2. What "deep waters" or "fires" have you faced (or are you facing now) that have required you to trust God more fully?

WEDNESDAY
6/17

JOHN 14:25-27 **PHILIPPIANS 4:4-9**

Jesus promises his disciples a peace unlike anything the world can offer. It is not a peace that depends on favorable circumstances or the absence of conflict, but a peace that is the presence of Christ himself in our lives. Paul echoes this truth when he encourages believers to bring their anxieties to God through prayer and thanksgiving. As we turn our concerns over to God, his peace guards our hearts and minds. Christian peace is not pretending everything is fine, it is trusting that God is present and at work even when life feels uncertain. Through prayer, worship, gratitude, and a renewed focus on what is true and good, we learn to rest in the care of the One who holds our lives securely.

1. What role do prayer and thanksgiving play in helping you navigate difficult situations?
2. Which of Paul's instructions in Philippians 4:4-9 would be most helpful for you to practice intentionally this week?

THURSDAY

6/18

2 CORINTHIANS 4:7-18

The apostle Paul describes believers as "jars of clay" carrying the priceless treasure of the gospel. The image is a reminder that our strength is not found in ourselves. We are fragile, limited, and often stretched beyond what we think we can endure. Yet God works through our weakness so that his power becomes visible. Paul speaks honestly about hardships, afflictions, and struggles, but he also declares that these difficulties do not have the final word. Because of the resurrection of Jesus, believers can face suffering with hope. What is seen is temporary but what is unseen is eternal. When life feels heavy, we can remember that God is accomplishing purposes that extend far beyond our present circumstances.

1. In what areas of your life are you most aware of your own weakness or limitations? How do you depend on God in those areas?
2. How have you seen God work through difficult situations rather than simply remove them?

FRIDAY

6/19

PSALM 46

This psalm paints vivid pictures of a world in turmoil: mountains shaking, waters roaring, and nations in conflict. Yet in the midst of all this upheaval comes a confident declaration: "God is our refuge and strength, an ever-present help in trouble." The stability of God's people does not come from calm surroundings, but from the presence of God among the people. Because God reigns over all creation and all nations, there is no situation beyond his control. God's invitation, "Be still, and know that I am God," calls us to stop striving, stop panicking, and remember who truly rules over our lives. Faith grows when we learn to trust God's character more than our circumstances.

1. Why is it sometimes (often?) difficult to be still and trust God when challenges arise?
2. What could it mean for you to declare that God is your refuge rather than merely a source of occasional help?

**SATURDAY/
SUNDAY
6/20-21**

MARK 4:35-41

As Jesus and his disciples cross the Sea of Galilee, a fierce storm threatens to overwhelm their boat. While the disciples panic, Jesus sleeps peacefully. Their fear reveals how focused they have become on the wind and waves, while Jesus remains fully confident in his Father's care. When they wake him, he rebukes the storm and brings an immediate calm. Then he asks, "Why are you so afraid? Do you still have no faith?" The greatest lesson is not simply that Jesus can calm storms, but that the disciples are beginning to discover who is with them in the boat. The One who commands the wind and the sea is worthy of their trust. Faith does not mean we never feel fear; it means learning to place our confidence in Christ even when circumstances seem overwhelming.

1. What does this passage teach you about the identity and authority of Jesus?

2. How do the disciples' reactions resemble your own responses during difficult seasons and how can you practice trusting Christ more fully even before your circumstances change?

VERSE OF THE WEEK

**“[God] says, ‘Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.’”**

(Psalm 46:10)