

### **MARCH 24-30**

MONDAY 3/24

## **ECCLESIASTES 3:1-11**

Life moves through seasons – times of action and times of rest, moments of service and moments of stillness. Ecclesiastes reminds us that God appoints each season with purpose, and wisdom lies in discerning what he calls us to in each moment. Being a disciple is not just about working for God but also about abiding in Christ. When we trust that God makes everything beautiful in its time, we can faithfully serve while also embracing God's invitation to rest in his presence.

1. What season of life do you feel you are in right now? How is God shaping you in this season?

2. How do you balance times of service and times of spiritual renewal in your daily life?

This is a favorite passage of mine from the Old Testament. God does not desire empty rituals or grand gestures — God calls his people to live out justice, mercy, and humble faithfulness. True discipleship is not about impressing God with what we do, but about aligning our hearts with God's heart. Serving others with justice and kindness flows naturally from a heart that walks humbly with God. Our greatest act of devotion is not in what we give, but in how we live out the love of God.

- 1. How does this passage help to define what it means to serve God?
- 2. What does walking humbly with God look like in your daily routine?

# WEDNESDAY 3/26 MATTHEW 6:33, 11:28-30

Jesus invites us into a life of discipleship that is marked by both pursuit and rest. Seeking first God's kingdom means prioritizing God's will above all else, but it does not mean carrying an unbearable burden. Jesus reassures us that his yoke is easy and his burden is light – when we follow him, we find rest for our souls. Serving God does not mean exhaustion; it means walking in step with Christ, trusting that he will provide for all we need.

- 1. What does it mean for you to "seek first the kingdom of God" in practical terms in your everyday life?
- 2. In what ways have you felt burdened in your walk with Christ, and how can you surrender those burdens to him?

# 1 CORINTHIANS 10:31

Following Jesus is not just about the big moments of faith — it's about honoring God in the small, everyday decisions. Paul reminds us that whatever we do, even something as simple as eating or drinking, should be done for God's glory. This challenges us to see all aspects of life — our work, conversations, and even rest — as opportunities to reflect Christ. When we shift our mindset in this way, discipleship becomes not just what we do, but who we *are*. The *doing* arises from the *being*.

- 1. What are some everyday activities that you could intentionally do for God's glory that you might not have previously thought would fit that category?
- 2. How do you experience this: what we do arises from who we are? What does that mean as a follower of Jesus?

FRIDAY 3/28

#### PSALM 46

In a world that constantly calls us to do more, be more, and achieve more, God calls us to be still. Psalm 46 reminds us that God is our refuge and strength — God is the one at work, not us. "Be still, and know that I am God" is not an invitation to passivity, but a command to trust, rest, and let God be God. Being a disciple of Jesus includes both serving and surrendering, knowing that our worth is not in what we accomplish but in who God is.

- 1. What does it mean for you to "be still" before God (v10) in the midst of your daily responsibilities?
- 2. How does trusting in God's sovereignty bring you peace on your journey as a disciple of Jesus?

SATURDAY/ SUNDAY 3/29-30

### LUKE 10:38-42

When Jesus visited Mary and Martha, Martha was busy serving while Mary sat at his feet, listening to his teaching. While serving is important, Jesus gently reminded Martha that Mary had chosen the better thing – being at the feet of Jesus (listening to Jesus' teaching and allowing his words to transform). This passage challenges us to examine our priorities. Are we so busy doing things for Jesus that we forget to be *with* him? Truly following Jesus requires both service and stillness, and in both activity and quiet, the foundation must always be time spent with our Lord.

1.	Do you	relate	more	to	Mary	or	Martha	in	your	faith	journey	?
	Why?											

2. How can you ensure that your service for Jesus does not replace time spent with Him?

Verse for the week:

"[God] says, 'Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.'"

(Psalm 46:10)

# **SERMON NOTES**